



Resources for Church or Organization Use

40 Days of Decrease

These free resources will be available to help you implement *40 Days of Decrease* for a 40-day church-wide emphasis or with your group:

Promotional tools to help you launch your 40-day journey:

- Beautifully-designed graphics (banners, book cover, PowerPoint slides, etc.) for your use in spreading the word and building momentum
- 40 pre-selected tweets from the book
- 40 pre-made memes with quotes for Instagram, Facebook, or your website
- 1-minute preview video to rally your church or group for the experience
- 2-minute book trailer to post on your website
- Book website to point others toward for further information: www.40fasts.com
- Hashtag for the book to help your church or group connect with a larger gathering of people pursuing holy decrease: #40fasts

Resources for pastors and group leaders:

- 6 sermon outlines to customize for your congregation
- 6 weeks of one-page group discussion guides for your small groups or class leaders to correspond with the optional sermon outlines or to stand alone
- 3-minute video overview for leadership on how to use the book
- Introductory guide for leaders on how to facilitate group times and discussion
- 6 video/devotionals on YouVersion called “Six Days of Decrease”

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Invite Alicia to speak in your church or group!

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